

## **COURSE OBJECTIVES (COS): DIET AND NUTRITION**

**The course, Diet and Nutrition is aimed at making the students to:**

**CO 1:** Understand the components of the diet.

**CO 2:** Know the importance of a balanced diet and apply the knowledge to day-to-day life.

**CO 3:** Enable students to calculate the BMI and caloric needs of a person.

**CO 4:** Develop the skill of designing the diet for different physiological and pathological conditions.

## **COURSE OBJECTIVES (COS): Vermiculture**

**CO 1:** The course, Vermiculture is aimed at acquiring knowledge about Vermiculture, and its importance.

**CO 2:** It is aimed at understanding the biology of earthwork and earthworm culture.

**CO 3:** It is aimed to enable the students to become familiar with the procedure of setting up a vermicomposting bed.

**CO 4:** It is aimed so that the students can use the Vermicompost and Vermiwash in their fields.